

Important Reminders

Participant Contact Changes!

We have had a few cases where emails bounce back and do not get delivered to participants. We would like to urge sites to ensure that correct emails addresses are entered for participants in the contact details form before randomisation.

Informed Consent Form

Please ensure that any patients you randomise have read Participant Information Sheet v3.0 and signed Consent Form v1.2.

Data Entry

If you select 'Other Specify' for Name of Current ICS Inhaler on the baseline demographics form, please ensure to add the Inhaler name in the other field as required.



We recently launched a self-directed SIV training on REDCap that allows you complete the training at your time and pace. Please note that training can also be completed as a group for everyone who will be working on the trial at your practice and then include their details in the section provided on the survey.

Contacting RELIEF

For any and all RELIEF queries, please ensure you are only contacting relief@nottingham.ac.uk

This should be your first point of contact for anything trial-related

Site and Recruitment **Update**

Randomised Participants: Sites open: 130

New sites:

Latchford medical Centre, Woodstock Bower, Finchampstead Surgery, The Grange Medical Practice, Quinton Practice, Western Road Surgery, Compass House Medical Centre, Priory Gardens Surgery, Donnington Medical Partnership, Mid Devon Medical Practice. Swanage Medical Practice, Kingsfield Medical Centre, The Falmouth Health Centre, Catshill Village Surgery, Over Surgery, West Street Surgery, Caradoc and Ranworth Surgery, Pencoed Medical Centre





